

SURGERY CHECKLIST

Should you require surgery, please follow these steps to ensure the process is as seamless as possible for both you and your doctor:

- 1. Fill out the Health Questionnaire. This gets forwarded to the Anesthesia Department at the hospital to assess your individual needs and figure out the type of anesthesia that is best for you.
- 2. Please discuss with your doctor any questions you may have about the length of time you will need to recuperate from the surgery. (Examples: How long will I be unable to drive? When will I be able to return to work or school? How long will I be completely or partially unable to put weight on my foot? Will I need crutches? Et cetera.)
- 3. Consider which dates work best for you for surgery. We will try our best to accommodate your first choice of surgery date, but please keep in mind that we are restricted by the doctor's schedule as well as what the hospital has available. We cannot guarantee your first choice. We may need to ask you to think about alternate dates. The surgical coordinator will notify you when the surgery date has been set. Do not make an appointment for your history and physical or pre-op testing until the surgical coordinator has booked a date.
- 4. You will need to have a History and Physical performed by your primary care provider **within 30 days** of your surgery. Please have your doctor fill out the form provided and fax back to the surgical coordinator at 610-642-5042.
- 5. You will also need to have some per-operative lab work done **within 30 days** of your surgery. Depending on your age and/or your medical history, you may also need to have an EKG and chest X-ray. Scripts will be provided to you for any necessary testing. Please notify the surgical coordinator at 610-642-5040 ext. 714 of when and where these tests are being done so that the results can be retrieved.
- 6. Someone from the hospital where your surgery is scheduled will call you the day before your surgery to let you know where and when to report on your surgery date. They will also go over any last surgery instructions with you.
- 7. If you have any other questions or concerns, please contact the surgical coordinator at 610-642-5040 ext. 714.